## Script

Listen to Kelly and Jason's conversation. Decide if each statement 1 – 10 is TRUE, FALSE or the information is NOT STATED in the text. Put a tick in the proper box. You will hear the text twice. Now you have 30 seconds to look at the statements.

(Пауза 30 секунд).

**Jason:** It's true, isn't it, Kelly, that people eat more these days, so they're getting bigger and heavier?

**Kelly:** Er, yes, I think so, Jason. But lots of people are vegetarian now, aren't they? And I think that kind of food is really good for you. So people might eat more nowadays but that doesn't mean that what they eat is worse for them.

**Jason:** No, it's just different. But there's more to being healthy than just exercise and eating, isn't there? I mean, there's so much stress in everyday life. And there are a lot of people that don't get enough sleep.

**Kelly:** I don't know whether people are any more stressed, but you're right that everyone seems to go to bed late, even when they've got school or work the next day. I suppose it's all the late films on TV, or staying on the Internet until two in the morning.

**Jason:** Or on the PlayStation. There are so many fun things to do. So even if people manage to get up on time the next morning, they're too tired to do anything.

**Kelly:** Hmm, I'm not so sure. These days, when they go to school , a lot more students are going by bike. Especially now that in some cities you can hire one cheaply and then just leave it anywhere you like. And that's quite healthy, isn't it?

**Jason:** Hmm, it might be. But the air's really bad nowadays, especially in the cities. There's all that pollution from cars and lorries.

**Kelly:** Actually, I think the situation has improved a bit since they started making everyone pay to drive into the city centre. There's not so much traffic now.

**Jason:** You may be right, but it still makes me cough in the morning. Which reminds me: don't you think people get sick more often nowadays? I'm always fine, and I'm sure you are too, but we know a lot of people whose health is terrible, don't we?

**Kelly:** Hmm, I don't know about that. I think it's mostly coughs and colds and sore throats; perhaps a headache or a stomach ache which lasts a day or two. Usually nothing more serious than that. And teenagers have always had those kinds of illnesses. In most cases, I don't think their basic health is any different.

Jason: Well, that's not the way I see it, but I hope you're right!

Kelly: Me too!

Now you have 30 seconds to do the task.

(Пауза 30 секунд).

## Now you will hear the text again.

(Повтор записи).

This is the end of the task.